Before-surgery checklist

Op. Dr. Yakup Duman

DEEP PLANE FACELIFT · BRING TO YOUR CONSULTATION AND TICK

Health

- [ ] I wrote down my blood pressure readings of the last two weeks
- [ ] I listed all my medication and supplements
- [ ] I asked my doctor about blood thinners and supplements (I did not stop anything myself)
- [ ] I do not smoke or use nicotine
- [ ] I brought reports of chronic conditions and recent test results

For the day of surgery

- [ ] ID / passport
- [ ] My medication list
- [ ] Comfortable clothes that button or zip at the front
- [ ] My written list of questions

After surgery

- [ ] Someone close to me will be with me in the first days
- [ ] I noted my follow-up dates

My notes / questions

> Results of any surgical or interventional procedure may vary from person to person. You are advised to get a detailed opinion from your doctor before any procedure.

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